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**Presenting Problems
Symptoms**

- Anger
- Loss of interest (in pleasurable activities)
- Anxiety
- Memory Loss
- Compulsive behaviors
- Mood Swings
- Confusion
- Nausea/Vomiting
- Depression
- Self-critical
- Excessive use of alcohol or drugs
- Seizures
- Headaches
- Shortness of breath
- Lack of energy
- Difficulty concentrating/paying attention
- Concern for personal safety
- Racing thoughts
- Identity issues

- Sleep difficulties
- Impulses to hurt self or others
- Self-harming behaviors
- Suicidal thoughts
- Disorientation (moments of not knowing who you are or where you are)
- Suspiciousness
- Thought disorder (confused thinking)
- Visual or auditory hallucinations (seeing or hearing things)
- Obsessive preoccupations or repeated thoughts
- Irritability
- Recent weight gain or loss
- Hopelessness
- Recent Losses: _____
- _____
- Legal problems: _____
- _____

Couple Relationship

- Tension
- Arguments
- Emotional distance
- Communication problems

- Alcohol or other addiction problems
- Stresses from health problems
- Sexual difficulties
- Financial or other stresses: _____
- _____

With Children

- Tension
- Children exhibiting emotional problems
- Problems in relationships between siblings
- Other concerns: _____

- Angry interchanges
- Children exhibiting behavioral problems
- Health problems

Extended Family

- Recent losses
- Ongoing difficult interactions with: _____

Work-related (or school related)

- Upsetting interactions
- Financial insecurity
- Unemployed/Loss of job

Community-Related

- Insufficient friendships
- Tensions in friendship relationships

- Over-extended in friendship or community
- Other: _____

Name: _____
(Please sign)

Date: _____